



The
EwingGroup, LLC
 Coaching to master your world

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Is Coaching For You ?
Take this simple quiz and find out.

Coaching is an investment in yourself to propel you beyond where you have gone before. It takes commitment, desire, and time to identify your perfect strategy for success. Two of the primary reasons people fail in achieving their goals are, 1) the plan they are trying to implement was not custom made for their strengths and talents, and 2) they do not allocate the proper time to systematically continue working on their goals to complete all the steps along the way. Consequently, they give up.

Read each question and score your commitment and willingness responses using: **1 = Low 2 = Medium 3 = High**

Score	Consideration Questions
	How committed are you to complete tasks to aid you in accomplishing your goals?
	How willing are you to challenge your current beliefs and attitudes to change behavior patterns?
	How stressful will paying monthly coaching fees be for you in the range of \$200 to \$400 per month for three to six months?
	How dependable are you in keeping and being on time for appointments?
	How serious are you in desiring to make changes that will take you beyond where you were able to go on your own?
	How committed are you to being totally honest with yourself and your coach in identifying limiting beliefs and behaviors?
	How willing are you to try new ways of thinking to produce different perspectives?
	How enthusiastic are you to push yourself beyond where you have gone before?
	TOTAL

Scoring Key:

- 19-24 Congratulations, you are ready to work with a coach. Give me a call to set up your complimentary session to experience coaching for yourself.
- 13-18 Coachable, but you probably have some unanswered questions. I invite you to give me a call to address your concerns so you can make a more informed decision.
- 8-12 Now is not the right time for you to be coached. A later time may be better for you. Please feel free to sign up for my monthly newsletter and/or register to familiarize yourself with Coaching to see if it can work for you in the future.